LAPEER COMMUNITY CENTER YOUTH RULES

Building Admittance

- Children under 10 years of age may NOT be "dropped-off".
- Children under 10 years of age must be directly supervised by a person 16 years of age or older (example: babysitter) to enter and use the facility.

Locker Rooms

- Children 3 years and younger are permitted in opposite sex locker rooms.
- Youth 17 and younger must be accompanied by an adult to use the Family Locker Room

Weight Fitness Area

- Youth under age 12 are not allowed into the weight fitness area.
- Youth age 12-15 need a completed youth weight fitness form by a parent/legal guardian. This form must be filled out in person at the Community Center. Each time the youth visits the weight fitness area they must obtain a wristband at the front desk. Youth 12-15 must have a parent with them at all exercise stations.
- Youth age 16 and 17 years old must have completed a youth weight fitness form by a parent/legal guardian. This form must be filled out in person at the Community Center. Each time the youth visits the weight fitness area they must obtain a wristband at the front desk. Youth 16 and 17 years old may workout without a parent present.

Gymnasium

- Other than specific scheduled activities, "open gym" shall be for high school age and older participants on the main courts.
- Youth (junior high and younger) may use the main courts at designated times.
- Children under the age of 10 must be supervised by a person 16 years or older.

<u>Track</u>

- The track is intended for fitness use only.
- It is a non-competitive track for walkers and joggers.
- There is no speed walking or sprinting allowed.
- Children under the age of 10 must be directly supervised by a person 16 years or older.